

SPOTSYLVANIA COUNTY MIDDLE SCHOOL
SOCCER RULES FOR BOYS & GIRLS

2014-2015

(revised Sept. 30, 2015)

FALL SPORTS

- Girls' Soccer

SPRING SPORTS

- Boys' Soccer

LENGTH OF GAME

All teams will play two thirty-minute halves with a ten-minute halftime.

OFFICIALS

Each game will have two officials.

EQUIPMENT

A #5 soccer ball shall be used.

Home team provides the game ball; visiting team provides a 2nd ball.

Only soccer cleats are to be worn.

Players who wear glasses **must** provide and wear a glasses strap.

Players who have braces **should** wear a mouth guard.

UNIFORMS

Uniform Color

Each school will wear a jersey in their school's dominant color as agreed upon by athletic directors. **To ensure there are no conflicts with uniform color during contests. ADs are responsible for updating the uniform color document and reviewing opponents home/away colors before each sport season.**

RULES

All games will be governed by the rules of the National Federation of State High School Association.

FIFTH QUARTER

In order to allow each member of the team to participate, a fifth quarter will be played prior to the start of the regular game. This quarter will be played under actual game conditions, but the score will not be counted in the regularly scheduled contest

The clock will be a running clock for a **ten-minute** period that only stops for injuries. The Fifth Quarter in soccer will occur at the beginning of the regular game.

TIES

If a game ends in a tie, there will be penalty kicks from the mark with three kicks for each team. The first kick goes to the winner of the coin toss, with teams alternating shots thereafter. If there is still a tie after both teams have had three kicks, penalty kicks continue with a sudden death phase, until a winner is determined.

