



Central Virginia Futsal House Rules Winter 2019-20

Competition Format & Rules

Official FUTSAL FIFA Rules and Regulations as stated under the Laws of The Game will be enforced. Modifications are noted below under House Rules.

House Rules to the Laws of the Game

Law 1 – The Pitch

The penalty mark shall be on the Basketball Free Throw Line. This is within the arc that outlines the penalty area. During Penalty Kicks, all players shall remain outside the penalty area, behind the penalty mark, and at least 5 yards from the penalty mark until the ball has been put into play. Accumulated fouls shall be taken at the accumulated fouls 10-meter center spot marked on each end of the court.

Teams will not switch benches at half time. Substitution zones will remain the same for each team for the duration of the match. Substitutions will be on the fly. A player in substitution of another may not enter the court until the player being substituted for has completely left the court.

Law 2 – The Ball

Game balls shall be provided by the league for regular season matches. The size ball used by each age group is as follows:

Size 3 Futsal Ball - Youth (11 & Under)

Size 4 Futsal Ball - Adult (12 and Over)

Outdoor balls should not be brought into the facility. They are not allowed for warm-up. Only futsal balls are allowed.

Law 3 – The Number of Players

The match cannot begin until both teams have at least three players. If a team fails to show for a scheduled match, the referee shall allow a 5-minute grace period. After the 5 minutes, if the team has not yet arrived, or does not have enough players to field a team (3), the game will be forfeited.

If one team cannot field the minimum number of players, the opposing team, with the consent of both coaches, may loan players to the short team in order to allow the match to begin. This shall be noted by the score keeper and referee in their game reports. The status of a match thus played shall be determined by the league (e.g., forfeit, or match counts for league play).

Law 4 – The Players Equipment

The two teams must wear colors that distinguish them from each other. The home team shall change if the two teams match.

Players must wear shin guards.

Law 7 – Duration of the Match

House league matches will be played with a running clock. Each team is allowed one 1-minute time out during each half. The clock will stop during time outs. Halftime will be 3 minutes for all matches. The duration of matches shall be as follows:

Ages U7- U12: 2x 20 Minutes

Ages U13-U19: 2 x 24 Minutes

Substitutions

The only variance from Futsal rules is that teams **will not** switch benches (and ends) at the beginning of halftime, which will still ensure that all substitutions take place in the defensive half.

Fouls and Misconduct

The pass back rule will be played for all age groups. Once the keeper touches the ball, they cannot play the ball again until ball goes over half way line or is touched by an opponent. The penalty for this infraction shall be an indirect free kick from location of the second touch by the goal keeper.

Goal Clearances

Goal Clearances are taken when the ball wholly crosses the goal line after being touched last by the attacking team. The goalkeeper must use his hands to roll, bounce or throw the ball from anywhere inside the penalty area to outside the penalty area. **The Keeper may throw the ball directly across the half-way line.**

Ejections - Red Cards

The minimum penalty for an ejection is that the player shall not be permitted to play in the immediate next match.

The maximum penalty, after review by the League, may result in the individual player's or teams' expulsion from the competition.

Coach Ejections

If a coach is ejected from any match, a referee's report of the incident shall be turned over to the League administrator by the referee.

The minimum penalty for an ejection is that the coach shall not be permitted to coach or remain on the player's bench in the immediate next match.

The maximum penalty, after review by the League, may result in the individual coach or team's expulsion from the League.

Games Cancelled by opponents

If an opponent cancels a game or does not show for the game, the other team may use the game time. If a team must cancel, the coach should call the League as soon as possible so the referee can be notified and the other team given a chance to plan accordingly. Cancelling a game not only short-changes your team, but your scheduled opponent.

Games cancelled by The League

The League reserves the right to postpone or cancel games at any time for any reason such as inclement weather or facility problems. Game cancellations will be posted on www.cvafutsal.com and emails/text messages will be sent to coach and parent email accounts on file.

Pre-Game Warm Ups

Players are encouraged to arrive a minimum of 30 minutes before games. A warm up area is provided, to the right in the gym, for teams scheduled to play next **only**. There will possibly be a few minutes for teams to warm up on the court pre-game.

Facility /Grounds

Parking

Please park in available spaces behind the orange cones at the 1st building. Parking in front of the 2nd building (gym) is reserved for Game Officials/Coaches.

Food/Drinks

Gatorade and colored sports drinks are not allowed, as they stain the floor. Concessions are available all day and **outside food and beverages are not allowed.** Proceeds from concessions helps us provide soccer and futsal to youth in the community.

Prohibited Behaviors

The following are strictly prohibited on FCCWO Sports grounds/Facilities: Profanity, Smoking, Alcoholic beverages, Pets, Littering

Guidelines For Acceptable Parental Behavior

Your children are playing futsal for fun. Everyone wants you to enjoy the great game of futsal. This information is being provided in an effort to assist you and your children in gaining the maximum benefit possible from these futsal games. Below are some simple rules you should observe. **PLEASE CONSIDER THEM CAREFULLY!**

1. Do not shout instructions to your child. This only causes confusion, since the coach has already instructed your child on how to play. If you do shout instructions, your child will probably try to please you and the coach at the same time. In trying to do two things at one time, the child becomes unable to handle his loyalties and ends up pleasing neither parent nor coach.
2. Cheer for your child when he/she plays the ball well. However, remember that your child is a member of a team. Let the other players know you support them too.
3. Suffer in silence (or moan softly) whenever something occurs that goes against your child's team. A display of anger may inflame a delicate situation resulting in embarrassment for you or your child. Some parents embarrass their own children by making a spectacle of themselves.
4. Do not run up and down the sidelines. Find a comfortable place to sit down or stand, relax and enjoy the match.
5. Do not shout insults or verbally abuse the referee. It's hard for a child to learn respect for the referee or other officials when their parents set a poor example. The referee *can* and **will** stop the match if the crowd becomes discourteous.
6. Aid the team by helping provide refreshments at halftime and after the game is over.
7. Set the tone for good sportsmanship by adopting a positive attitude if your team loses. Compliment your child upon his/her good plays and ignore the mistakes. Your child will be happy you noticed his good qualities.
8. The following are **prohibited** on FCCWO Sports grounds/Facilities: Profanity, Smoking, Alcoholic beverages, Pets, Littering

REMEMBER--your child will forget about today's game. Next week he/she will probably have forgotten the score. However, both of you will remember the good time the child had playing one of the fastest growing sport in the U.S. and only FIFA approved indoor soccer....Futsal.

HAVE FUN!